

This institution is an equal opportunity provider.

Menus are subject to change.

# available daily

Breakfast (in blue):

Assorted Cereal

Choice of Low Fat Milk

100% Fruit Juice

Choice of Low Fat Milk

\*Pork products listed in pink.



2024-2025:	School	School
School Meal Prices	Breakfast	Lunch
Students Grades K-5	\$1.40	\$2.65
Students Grades 6-12	\$1.40	\$2.75
Student Reduced-Priced Meals	\$0.30	\$0.40
Student Second Meals	\$2.50	\$4.00
MILK ONLY	\$0.50	\$0.50
Adult Meals	\$2.50	\$4.00

# Featured Specials of the Day

## Thursday, August 1

Sausage Biscuit, Frosted Breakfast Pastry, 1.Crispito 2.PBJ/Wow Sandwich w/ Chips, Black Beans, Salsa, Potato Tots, Frozen Juice Cup

### Friday, August 2

Chicken Biscuit, Assorted Cereal, 1.Stuffed Crust Pizza, 2.PBJ/Wow Sandwich w/ Chips, 3. Corn Dog, Whole Kernel Corn, Steamed Broccoli, 100% Fruit Juice

#### Monday, August 5

Strawberry Mini Pancakes, Breakfast Bun

1.BBQ Sandwich, 2.Mini Corn Dogs, Carrot Sticks w/ Ranch, Baked Beans, Fresh Cole Slaw, Pineapple Tidbits

#### Tuesday, August 6

Mini Pancake Wraps, WG Muffin w/ Yogurt

1.Cheeseburger, 2.Deli Turkey Sandwich, Seasoned Fries, Lettuce & Tomato, Fresh Peach

#### Wednesday, August 7

Sausage Biscuit, Breakfast Frudel

1.Chicken Nuggets w/ Roll 2. PBJ/Wow Sandwich w/ Chips Steamed Broccoli, Mashed Potatoes, Watermelon Chunks

## Thursday, August 8

Apple Cinnamon Toast, WG Muffin w/ Yogurt

1.Chicken w/ Mac & Cheese 2.PBJ/Wow Sandwich w/ Chips.
Carrot Sticks w/ Ranch, Green Beans, Frozen Juice Cup

#### Friday, August 9

Chicken Biscuit, Frosted Breakfast Pastry 1.Stuffed Crust Pizza, 2.PBJ/Wow Sandwich w/ Chips, 3. Hot Dog, Whole Kernel Corn, Garden Salad w/ Ranch, 100% Fruit Juice

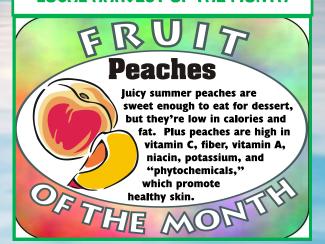
It's easy to apply for free and reducedpriced meals online, see instructions here: www.henry.k12.ga.us/Page/110494

# **LINQ Connect**

Online School Meal Payment Portal: Linqconnect.com







# Featured Specials of the Day

#### Monday, August 12

Sausage Biscuit, Chicken Biscuit,
1.Crispitos 2.PBJ/Wow Sandwich w/ Chips,
3. MaxSnax Tacos, Salsa, Black Beans,
Carrot Sticks w/ Ranch, Sliced Pears

### Tuesday, August 13

Blueberry Pancake Stick, WG Muffin w/ Yogurt
1.Chicken Sandwich, 2.Deli Turkey Sandwich
3.Garden Salad w/ Chicken, Potato Tots,
Garden Salad w/ Ranch, Banana

### Wednesday, August 14

Sausage Biscuit, Mini Bagel w/ Cream Cheese
1.Chicken Alfredo w/ Roll, 2.PBJ/Wow Sandwich w/ Chips
3.Popcorn Chicken w/ Roll, Steamed Broccoli,
Mashed Potatoes, Fresh Apple

### Thursday, August 15

Breakfast Pizza,
WG Muffin w/ Yogurt, Breakfast Frudel
1.Teriyaki Chicken & Rice, 2.PBJ/Wow Sandwich
w/ Chips, Sweet Peas, Carrot Sticks w/ Ranch,
Frozen Juice Cup

#### Friday, August 16

Chicken Biscuit, Frosted Breakfast Pastry
1.Stuffed Crust Pizza, 2.PBJ/Wow Sandwich w/ Chips,
3. Corn Dog, Whole Kernel Corn, Garden Salad w/ Ranch,
100% Fruit Juice, Chocolate Chip Cookie

# EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.

**WELLNESS IS A WAY OF LIFE!** 

# Featured Specials of the Day

### Monday, August 19

Sausage Biscuit, Chicken Biscuit,
1.BBQ Sandwich, 2.Mini Corn Dogs, Carrot Sticks w/
Ranch, Baked Beans, Pineapple Tidbits

#### Tuesday, August 20

Blueberry Mini Pancakes, WG Muffin w/ Yogurt, Breakfast Bun

1.Cheeseburger, 2.Deli Turkey Sandwich, 3.Garden Salad w/ Chicken, Seasoned Fries, Lettuce & Tomatoes, Sliced Peaches

#### Wednesday, August 21

Sausage Biscuit, Mini Bagel w/ Cream Cheese

1.Ravioli w/ Roll 2. PBJ/Wow Sandwich w/ Chips 3.Chicken Nuggets w/ Roll, Steamed Broccoli, Mashed Potatoes, Fresh Apple

#### Thursday, August 22

WG Muffin w/ Yogurt, Breakfast Frudel
1.Beefy Nachos w/ Salsa 2.PBJ/Wow Sandwich w/

Chips, 3. Corn Dog, Pinto Beans,

Carrot Sticks w/ Ranch, Frozen Juice Cup

#### Friday, August 23

Chicken Biscuit, Frosted Breakfast Pastry

1.Stuffed Crust Pizza, 2.PBJ/Wow Sandwich w/ Chips, 3. Hot Dog, Whole Kernel Corn, Garden Salad w/ Ranch, 100%Fruit Juice

# Featured Specials of the Day

#### Monday, August 26

Sausage Biscuit, Chicken Biscuit,

1.Crispitos 2.PBJ/Wow Sandwich w/ Chips,
3. MaxSnax Tacos, Salsa, Black Beans, Carrot Sticks w/
Ranch, Fruit Cocktail

#### Tuesday, August 27

WG Muffin w/ Yogurt, Apple Cinnamon Toast, 1.Sloppy Joe Sandwich 2.Spicy Chicken Sandwich, 3.Garden Salad w/ Chicken, Garden Salad w/ Ranch, Potato Tots, Applesauce

#### Wednesday, August 28

Sausage Biscuit, Mini Bagel w/ Cream Cheese
1.Chicken Drumstick w/ Roll, 2.PBJ/Wow Sandwich
w/ Chips 3.Popcorn Chicken w/ Roll, Steamed Broccoli,
Mashed Potatoes, Fresh Peach

#### Thursday, August 29

Mini Pancake Wraps, Breakfast Bun,
1.Chicken & Waffles 2.PBJ/Wow Sandwich w/ Chips,
Sweet Potato Fries, Celery Sticks w/ Ranch
Frozen Juice Cup

#### Friday, August 30

Chicken Biscuit, Assorted Cereal, 1.Stuffed Crust Pizza, 2.PBJ/Wow Sandwich w/ Chips, 3. Corn Dog, Whole Kernel Corn, Garden Salad w/ Ranch, 100% Fruit Juice, Birthday Treat

please see reverse for items available daily